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The Ultimate Sewing Videos Collection."*



### **Is sewing easy?**

In one word yes, sewing is easy but it is a matter of patience and practice, the more you sew the better you become and the better you become, the more elaborate and tricky garments you will be able to create. If you are new to sewing the best place to start is by going on a sewing course and learning the basics. A sewing course for the beginner will offer you everything you need to know to get you started in the world of sewing and you will be able to create something simple at the end of it. Sewing can be a great hobby to learn and master as the rewards can be potentially huge, imagine seeing a garment on television and thinking to your self wow what a lovely garment, I would love to wear something like that, well in sewing if you can sew the basic garment, the likelihood will be that you will be able to create something very similar for your self and even wear it. The more experienced you become in sewing, the more garments that you see on television or in magazines you will be able to create. There is also another great benefactor to sewing and that is if you see a garment that you really like in the shops, but it is just that little bit to big, no problem you can take it away and do a few alterations to it and viola it fits.

Not long ago, if you asked a group of people why they sewed, you would probably get one of two answers. The first would be "to save money" the second would be "because there is nothing that I like in the stores" Ask that same question today and you will get an array of answers. In this age of advanced technology and mass production, sewing provides the means for expressing individuality. It doesn't matter if you shop in a department store, an expensive boutique or a discount chain, or if you shop at the high or low end of the line. When you buy ready made clothes you can always see someone else coming and going in your outfit. If you sew however you can say to yourself "No I am not a dress designer. I could never design my own garment, but through fabric and a pattern, I can have a lot of fun and get a lot of satisfaction expressing myself as an individual.

Sewing is the perfect antidote for stress, it offers the opportunity to escape, even if its for only half an hour, from the cares and pressures of the day. An activity that occupies both your hands and your brain, sewing absorbs your complete attention. When sewing time is over you can go back to the real world with a clearer head.

Buttons fall off, seams aren't finished, hems come undone, even on the most expensive ready to wear garments. If you invest that same amount of money in quality fabric and a flattering pattern, you will end up with a garment that will look better and last longer that the one you would have bought. With today's easy sewing techniques, helpful notions and new sewing machine technology, any one can turn out a professional looking garment. In fact, the more you sew, the more discriminating buyer you become. You will be able to recognise quality construction when you see it, which means you'll ultimately get more for your ready to wear money too.

Sewing really is a great hobby to learn and master and can end up as a life long past time, just remember to enjoy your-self and have fun creating those fantastic garments.

**To find out more please visit [www.TheSewingGuru.com](http://www.TheSewingGuru.com)**